



How to Use the Lumbar Pillow

1. Place the pillow on the the seat where it will give you the best lumbar support. Wrap the strap around the seat and close the clasp. Adjust as needed.
2. If using with a larger seat, attach the included strap extender to the straps and adjust as needed.

Care and Maintenance

- a. The microfiber cover is removable and unzips in the back.
- b. Machine wash cover in cold water on the gentle cycle. Line dry or dry flat, do not put in the dryer.

